

## ABSTRACT

Total contact casting is being used more widely in clinical practice for the treatment of plantar neuropathic ulcers in those with diabetes. This paper discusses the evidence for its use and offers explanations for the mechanism by which total contact casts are effective.

Australasian Journal of Podiatric Medicine  
2001; Vol 35, No.1 : 15-18

---

**Correspondence:** Craig Payne Department of Podiatry School Of  
Human Biosciences, La Trobe University Bundoora, Vic 3083  
Phone: (03) 9479 5820 Fax: (03) 9479 5784  
Email: c.payne@latrobe.edu.au